

In Studio Changes

To maintain the safety of both staff and students, we have implemented the following changes in the studio:

- **Limited capacity in each studio.** In order to follow CDC & State guidelines, we are allowing 8 students in Moon studio and 5 students in Sun. Please lay the front center of your mat on one of the spots designated with a red sticker on the floor.
- **Fewer classes.** In order to limit traffic in the lobby and hallways, we have limited the number of classes we offer during peak times and have 30 minutes between each class so that staff has time to sanitize between classes.
- **Minimal props & no hands on.** Instructors will be using minimal props and will not be offering hands on for the time being. Any props used in studio will be sanitized after each use. We strongly suggest you bring your own props. If you do not have your own, you can purchase them online and pick up next time you come in for class.
- **Registration Required.** Walk-ins will not be allowed for class. You must reserve your spot via MindBody or by emailing info@doyoga4you.com prior to class.
- **No purchases in studio.** All class, workshop or retail payments must be made online. You can purchase retail items in studio, but we will process the card you have on file for payment. We will not be accepting any payments in studio for the time being.
- **Lobby.** Please bring minimal items into the lobby and place them in a cubby or on a hook away from others belongings. Also, please maintain physical distancing as best you can in the lobby before and after class.
- **Live-streaming.** We will be live streaming most of our in-studio classes. The camera is set up so that the primary view is the instructor, but know that you may be in view of the students who are signed up for live stream. Please know that these classes are NOT being recorded.
- **If you're sick, choose the virtual class option.** We want everyone to stay safe so our staff has been given permission to send students home if they appear sick when coming in for class.
- **Wearing a mask is required when arriving & leaving the studio.** It may be removed during class as long as all students maintain social distancing.

THANK YOU—AND WELCOME BACK!